

Spring 2019

Daily Rates

Adult	\$6.00
Senior	\$5.00
Youth	\$5.00
Family (4 people in the same household)	\$18.00
Additional family	\$3.00
Wading pool only	\$2.00

Water Aerobics Pass

This pass is valid for 3 months and has no limit on how many aerobic class you attend.

Adult/Senior	\$100
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20 Punch Card

20 non-expiring day use admission

Adult	\$105
Senior	\$80
Youth	\$80

Annual Memberships

One year commitment is required. Monthly payment plan is available.* This pass grants unlimited use during Lap, Recreation, and Water Aerobic class times.

Dallas Residents get a 10% discount (must live within city limits).

	Pay in Full	Monthly payments *(additional \$5 charge per month) accounted for in this price
Adult	\$275	\$335 total - \$27.92 per month
Senior (60+)	\$225	\$285 total - \$23.75 per month
Youth (under 18)	\$225	\$285 total - \$23.75 per month
Two Person	\$425	\$485 total - \$40.42 per month
Family (4 people in one household)	\$500	\$560 total - \$46.67 per month
Additional Family Member	\$75	\$75 - Additional \$6.25 per month

Additional Benefits of Membership —

5 free day passes a year — 10% off any swim suit in stock — 10% off swim lessons — 10% off facility rentals — Discounts on Special Events

Recreational Swims

Swim includes use of the slide, water fountain, river, and diving board

Tuesdays	7:00-9:00pm
Thursdays	7:00-9:00pm
Fridays	3:00-5:00pm 7:00-9:00pm
Saturday	1:30-5:00pm 7:00-9:00pm
Sunday	1:30-5:00pm

No School Rec Swims

Friday, March 22nd	1:00 - 5:00 pm
Monday, March 25th	1:00 - 4:00 pm
Tuesday, March 26th	1:00 - 4:00 pm
Wednesday, March 27th	1:00 - 4:00 pm

Health Insurance Fitness Benefit Programs

Insurance plans accepted here! Ask front desk for more information.

Silver & Fit
Active & Fit
Renew Active
Silver Sneakers
Prime

Other insurance reimbursement programs available. Contact your insurance company for details.

Moonlight Swims:

Come join us for an adults-only (18+) recreational swim time, where the lights are turned down low and music is playing.
Wednesday, March 20th 8:00-9:00pm
Friday, April 19th 9:00-10:00pm
Saturday, May 18th 9:00-10:00pm
Annual Members: Free
Non-Members: \$3.00

Water Aerobic Classes

1: Beginner 2: Medium 3 Advanced

All Classes are for adults 18 and older.

Daily admission or membership covers cost.

1: Joint Efforts	M/W/F	8:00-8:55am
	M-F	9:00-9:55am
	M/W/F	11:00-11:55am
Therapy pool will be closed to other swimmers when there are 15 or more participates in the class.		
2: Aquacise	M/W/F	6:00-6:55am
	M-F	8:00-8:55am
	M-F	9:00-9:55am
	Sat.	9:05-10:00am
2: Deep Water	M/W/F	8:00-8:55am
	T/TH	6:00-6:55pm
3: Raging River	M/W	6:00-6:55pm

Pool is closed at this time unless you are in the class

Additional Adult Activities

Water Joggers	M-F	9:30-11:00am
Stair lane is reserved for water joggers at this time		
Adult Diving	Tu	7:15-8:00am
Adult Volleyball	F	10:00-10:30am

Lifeguard Course

Our Spring Break lifeguard course will be from March 25th-March 29th. The cost for this class is \$135 (financial assistance is available). You must pass the prerequisites in order to join the course.

The prerequisites are a 2 minute tread without hands, 300 yard swim (breaststroke and freestyle), and a timed brick retrieval. If you would like to practice these skills, join our Pre-guard class and the cost of that class will apply to the cost of the lifeguard course.

More information can be found on the Lifeguard Course flyer or from the front desk staff.

Special Activities

Swim Lessons: Spring lessons begin April 1st. Registration opens March 11th for members and March 12th for nonmembers!

ARC Wednesdays: The pool opens early (4:15 pm) every Wednesday for adults and children with disabilities. \$4.00 per swimmer and caregivers swim for free! Price is good during this hour but swimmers are welcome to stay until we close at 8:00pm.

Tot Time: Friday mornings moms and tots (or grandmas, grandpas, and dads too) can come swim from 11:00am-1:00pm. Adult and child together is \$3.00 additional children or adults are \$2.00.

Jr. Lifeguards: Youth ages 11-16 participate in this volunteer program. Call for more information. Supervisor: Kiley Yost

Blue Dolphin Swim Team: This fun swim team activity is for youth swimmers of all abilities. This is an all year long competitive swim team that travels and competes with other local clubs. For more information, Contact coach Mark Maxwell at 503-538-6862 or www.bluedolphinsswimteam.org

Birthday Party Packages: We offer two different birthday party packages; check out our birthday party flyer. We would love to celebrate with you!

Friends of the Dallas Aquatic Center

Friends of the Dallas Aquatic Center is a nonprofit organization formed to increase awareness of the pool and to raise funds to support specific projects and defray the costs of operations of the Dallas Aquatic Center.

For more information please find them on Facebook or email them at friendsofdac@gmail.com

To donate contact them or bring donations directly to the Aquatic Center

Stay tuned for events sponsored by or to benefit the Friends!

Pool Closures

Easter
Sunday April 21st
Closed all day!
Happy Easter!



Memorial Day
Monday, May 27th

Only open from
1:00—5:00pm for
recreation swim.

Extended Hours

Friday, March 22nd
Recreation Swim from 1:00-5:00pm

Monday, March 25th
Recreation Swim from 1:00-4:00pm

Tuesday, March 26th
Recreation Swim from 1:00-5:00pm

Wednesday, March 27th
Recreation Swim from 1:00-4:00pm

Thursday, March 28th
Recreation Swim from 1:00-4:00pm

Friday, March 29th
Recreation Swim from 1:00-5:00pm

Friday, May 3rd
Recreation Swim from 1:00-5:00pm

Friday, May 24th
Recreation Swim from 1:00-5:00pm

Monday, May 27th
Recreation Swim from 1:00-5:00pm

