



Fall 2018



Daily Rates

Adult	\$6.00
Senior	\$5.00
Youth	\$5.00
Family (4 people in the same household)	\$18.00
Additional family	\$3.00
Wading pool only	\$2.00

Water Aerobics Pass

This pass is valid for 3 months and has no limit on how many aerobic class you attend.

Adult/Senior	\$100
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20 Punch Card

20 non-expiring day use admission

Adult	\$105
Senior	\$80
Youth	\$80

Annual Memberships

One year commitment is required. Monthly payment plan is available.* This pass grants unlimited use during Lap, Recreation, and Water Aerobic class times.

Dallas Residents get a 10% discount (must live within city limits).

Monthly payments

Pay in Full *(additional \$5 charge per month) accounted for in this price

Adult	\$275	\$335 total - \$27.92 per month
Senior (60+)	\$225	\$285 total - \$23.75 per month
Youth (under 18)	\$225	\$285 total - \$23.75 per month
Two Person	\$425	\$485 total - \$40.42 per month
Family (4 people in one household)	\$500	\$560 total - \$46.67 per month
Additional Family Member	\$75	\$75 - Additional \$6.25 per month

Additional Benefits of Membership —

5 free day passes a year — 10% off any swim suit in stock — 10% off swim lessons — 10% off facility rentals — Discounts on Special Events

Recreational Swims

Swim includes use of the slide, water fountain, river, and diving board

Tuesdays	7:00-9:00pm
Thursdays	7:00-9:00pm
Fridays	3:00-5:00pm 7:00-9:00pm
Saturday	1:30-5:00pm 7:00-9:00pm
Sunday	1:30-5:00pm

No School Rec Swims

Friday, October 12th	1:00 - 5:00 pm
Friday, October 26th	1:00 - 5:00 pm
Friday, November 9th	1:00 - 5:00 pm
Monday, November 12th	1:00 - 5:00 pm

Health Insurance Fitness Benefit Programs

Insurance plans accepted here! Ask front desk for more information.

Silver & Fit

Active & Fit

Optum Fitness Advantage

Silver Sneakers

Prime

Other insurance reimbursement programs available. Contact your insurance company for details.

Moonlight Swims:

Come join us for an adults-only (18+) recreational swim time, where the lights are turned down low and music is playing.

Monday, September 24th 8:00-9:00pm

Wednesday, October 24th 8:00-9:00pm

Friday, November 23rd 9:00-10:00pm

Saturday, December 22nd 9:00-10:00pm

Annual Members: Free

Non-Members: \$3.00

Water Aerobic Classes

1: Beginner 2: Medium 3 Advanced

All Classes are for adults 18 and older.

Daily admission or membership covers cost.

1: Joint Efforts	M/W/F	8:00-8:55am
	M-F	9:00-9:55pm
	M/W/F	11:00-11:55pm
Therapy pool will be closed to other swimmers when there are 15 or more participates in the class.		
2: Aquacise	M/W/F	6:00-6:55am
	M-F	8:00-8:55am
	M-F	9:00-9:55am
	Sat.	9:05-10:00am
2: Deep Water	M/W/F	8:00-8:55am
	T/TH	6:00-6:55pm
3: Raging River	M/W	6:00-6:55pm

Pool is closed at this time unless you are in the class

Additional Adult Activities

Water Joggers	M-F	9:30-11:00am
Stair lane is reserved for water joggers at this time		
Adult Diving	TBD	TBD
Adult Volleyball	F	10:00-10:30am

Lifeguard Course

Our fall lifeguard course will be from October 4th-7th. The cost for this class is \$135 (financial assistance is available). You must pass the prerequisites in order to join the course.

The prerequisites are a 2 minute tread w/o hands, 300 yard swim (breaststroke and freestyle), and a timed brick retrieval. If you would like to practice these skills, join our Pre-guard class and the cost of that class will apply to the cost of the lifeguard course.

More information can be found on the Lifeguard Course flyer or from the front desk staff.



Special Activities

Swim Lessons: Fall lessons begin September 17th. Registration is currently open!

ARC Wednesdays: The pool opens early (4:15-5:15pm) every Wednesday for adults and children with disabilities. \$4.00 per swimmer and care providers swim for free!

Tot Time: Friday mornings moms and tots (or grandmas, grandpas, and dads too) can come swim from 11:00am-1:00pm. Adult and child together is \$3.00 additional children or adults are \$2.00.

Jr. Lifeguards: Youth ages 11-16 participate in this volunteer program. Call for more information. Supervisor: Matt Schafer

Blue Dolphin Swim Team: This fun swim team activity is for youth swimmers of all abilities. This is an all year long competitive swim team that travels and competes with other local clubs. For more information, Contact coach Mark Maxwell at 503-538-6862 or www.bluedolphinsswimteam.org

Birthday Party Packages: We offer two different birthday party packages; check out our birthday party flyer. We would love to celebrate

The Search for Captain Jack Lantern

Ahoy fellow pirates! We lost our Captain and need your help. We are inviting you to come join us on an adventure to find him. The search begins on Saturday, October 27th.



The Search for Captain Jack Lantern is a haunted house event.

There will be two sessions, a "G" version (not scary) at 5:30pm, and a "PG" version (scary) at 7:00pm.

The price of admission is \$7 for an individual, or \$25 for a group of 4. The price of admission includes unlimited amount of expeditions.

Pool Closures

Labor Day September 3rd

Open 5:30am-8:00pm with
Recreation Swim 1:00-4:00pm

Annual Closure 2018:

September 10th-15th

Additionally, the Main Pool will be
closed from September 10th-24th

Halloween October 31st

Closing early at 6:00pm

Thanksgiving November 22nd

Closed all day! Happy thanksgiving

Christmas Eve December 24th

Closed all day! Happy Holidays

Christmas Day December 25th

Closed all day! Happy Holidays

New Years Eve December 31st

Closing early at 1:00pm

New Years Day January 1st

Closed all day! Happy New Year!

Extended Hours

Friday, October 12th

Recreation Swim from 1:00-5:00pm

Friday, October 26th

Recreation Swim from 1:00-5:00pm

Friday, November 9th

Recreation Swim from 1:00-5:00pm

Monday, November 12th

Recreation Swim from 1:00-4:00pm

Monday, November 19th

Recreation Swim from 1:00-4:00pm

Tuesday, November 20th

Recreation Swim from 1:00-4:00pm

Wednesday, November 21st

Recreation Swim from 1:00-4:00pm

Friday, December 21st

Recreation Swim from 1:00-5:00pm

Wednesday, December 26th

Recreation Swim from 1:00-4:00pm

Thursday, December 27th

Recreation Swim from 1:00-4:00pm

Friday, December 28th

Recreation Swim from 1:00-5:00pm